

# POSING TIPS

Did you know that there are a few things you can do to **instantly look slimmer** in photos and **make your jawline more flattering**? Yep! It's true. And it's so, so easy to do! Get ready for some awesome photos.

## TIP 1

Instead of standing on both legs equally, **shift your weight to the back leg**. This will give your body a flattering "S" curve and keep you from looking too stiff and unnatural.

## TIP 2

If you're feeling nervous, you might press your arms into your body. **Make a little space between your arms and your body** for slimmer, more defined arms.

## TIP 3

**Minding your posture** will help you avoid slumped or rounded shoulders. For a long, lean look, pretend the top of your head is being pulled up by a string.

## TIP 4

You might feel a little weird with this one, but trust me it looks great! For a more defined jawline and a slender torso, **lean forward slightly from the waist**.

## TIP 5

Women, stand at a **45 degree** angle to the camera for a flattering look. Men, **squaring off** to the camera will make your shoulders look broader and more defined.

## BONUS TIP

Have fun, laugh a lot, and enjoy yourself! **Joy is the key** for authentic, beautiful photos :)